

Eagle View Adult Center

September & October 2016



Class & Event Registration begins Wed. Aug 31

Trip Registration begins Thurs. Sept 1

Active Aging Week Sept 26 – 30

1150 Prairie Center Parkway,
Brighton, CO 80601
303-655-2075 www.brightonco.gov

<u>Table of Contents</u>	<u>Page</u>
Continuous Drop-in Activities.....	3
September Happenings.....	4 - 5
Active Aging Week	6
October Happenings	7
September Trips	8 - 9
October Trips	10 - 11
Classes	12 - 16
Calendars	17 - 18
Center Information & Policies	19
Special Programs	Back Page

Hours: Monday - Friday 8:00 a.m. - 4:00 p.m.

Phone: 303-655-2075

Location: 1150 Prairie Center Parkway
Brighton, CO 80601

Eagle View Center Staff

Sue Corbett - Director

Donna Singer - Program Coordinator

Ermie Marquez - Information & Referral

Gayle Martinez - Administrative Assistant

Becky Eichen - Front Desk Receptionist

Christina Harris - Trip Coordinator

Eleanor Maestas - VOA Meal Site Coordinator

Lucy Castro - Custodial Staff

Sue Wingen - VNA Nurse

On The Cover: Sandy Probasco, Bonnie Stewart, and Kay Dreyer enjoyed the Mile High Stadium tour in January.

VOA Lunch

A hot, nutritious lunch is provided by Volunteers of America, **Monday - Thursday**. Lunch is served at 11:30 a.m. Reserve your meal **two working days in advance** by calling

303-655-2271 (Mon - Thurs, 10 a.m. - 1 p.m.)

Daily meal donations are appreciated.

\$2.50 Donation per meal if age 60+

\$7.25 Mandatory charge if under 60

REGISTRATION PROCEDURES

CLASSES & HAPPENINGS REGISTRATION

begins on Wed. Aug 31 at 8:00 a.m.

- Registration is on a first-come, first-serve basis. You can register for yourself and one other person. Cash or checks only, no credit cards accepted. No trip registration.

TRIP REGISTRATION starts Thurs. Sept 1 and is held as a LOTTERY.

- Doors open at 8:00 a.m. to fill out your registration form. Breakfast refreshments provided by **FirstLight Home Care.**
- To be in the first round of trip registration, be in the dining room between **8:00 - 8:25 a.m.** to draw a number. Numbers are randomly drawn, so there is no advantage to picking first.
- **Registration begins at 8:30 a.m.** for people with lottery numbers. During this time, **you can register for yourself and only one other person.** You may also register for classes and happenings at this time. No credit cards.
- When lottery registration is over (approximately 11:00 a.m.), we will re-open registration on a first-come, first-serve basis.
- **After September 1**, register for all activities and trips at the front desk.
- Registration is taken until the deadline date listed for each activity OR until all spaces have been filled. Don't wait - activities fill fast!

Senior Wellness Clinic

The Wellness Clinic focuses on health promotion and disease prevention for seniors 55+. Operated by Visiting Nurses Association (VNA), services include foot care, health checks, and blood pressure checks. Please note: Fee has increased to \$30 for foot care, \$40 for first visit of new patients. payable at the time of your appointment. Foot care is Kaiser covered with pre-approval. Call 303-655-2075 for appointment.

Clinic hours: 9:00 a.m. - 3:00 p.m.

Thursdays Sept 1 - 22, Oct 6 - 27

Fridays Sept 9, 16 & Oct 21, 28

Center Closed Mon. Sept 5

Continuous Drop-in Activities

3

Cards, Cards, Cards!

Come to the center for a morning or afternoon of fun. New players welcome. Have questions? Call the listed senior volunteer.

Hand and Foot

1:00 - 3:30 p.m.
Mondays (Closed Sept 5)
Room: Hawk/Heron
Linda 303-910-4221

UNO

10:00 - 11:30 a.m.
Tuesdays
Room: Brown

Pinochle Pals

12:30 - 3:30 p.m.
Tuesdays
Room: Hawk/Heron
Sandy 303-288-1489
Chama 720-244-6216

Cribbage

12:30 - 3:30 p.m.
Wednesdays
Room: Falcon
Shirley/Chuck 720-685-3369

Bridge

12:30 - 3:30 p.m.
Fridays
Room: Hawk/Heron
Judy 303-378-5226

Pitch

12:30 - 3:30 p.m.
Fridays
Room: Falcon
Shirley 720-685-3369

Be a Pen Pal with a 2nd Grader.
Rosalie Ortega joined the volunteer group. You can too!! Call Sue.

Bingo

No fee - just fun! Play immediately following VOA lunch. Prizes vary from bakery goods to "white elephant" gifts. If you have clean, gently used items to donate for bingo, drop them off at the front desk.
Closed Sept 5.

12:00 - 12:45 p.m.
Mondays & Thursdays

Computers Available

Computers with free internet are available when the Falcon Room is not occupied. See front desk to use the free Wi-Fi.

Color Me Drop-in

Adult coloring is a great stress reliever. Drop-in with other patrons and color together! You provide your own supplies - pencils, coloring pages, etc.

1:00 - 2:30 p.m.
Mondays (Closed Sept 5)
Sept 12 - Oct 31
25¢ per day

Ladies Billiards

Ladies, do you like to play pool? This is a special "women only" billiards time.

1:00 - 4:00 p.m.
Mondays (Closed Sept 5)
25¢ per day



Wood Carving Drop-in

Learn to carve wood or work on an existing project. Discover new techniques from experienced carvers. Call Tony Dill 303-775-2256 to arrange free beginning instruction.

8:00 - 10:00 a.m.
Tuesdays
25¢ per day

Police Time

Sharon Wazny from Brighton Police Dept. is here to answer safety or police questions.

11:30 a.m. - 12:30 p.m.
Tuesdays

Mexican Train Dominos

This is an easy game to learn - it's regular dominos with a fun twist.

12:30 - 3:30 p.m.
Wednesdays

Scrabble

Play Scrabble with others who enjoy the game.

1:00 - 3:30 p.m.
Wednesdays

Knit & Crochet Drop-in

Drop-in to knit or crochet. No instructors, but friendly help available. **No meeting Sept 1.**

10:00 - 11:30 a.m.
Thursdays
Sept 8 - Oct 27
25¢ per day

Lending Library

Borrow books from the library for free. Do NOT re-shelve books; our great volunteer librarians do that!

No hard back books accepted unless they are Large Print!

Massage

Certified massage therapist Bonita Rose provides half-hour target areas massages or 1-hour full body massages. Call for an appointment: 303-655-2075.

Pay Bonita at time of service.

9:15 - 11:30 a.m.

Wednesdays

30 min. - \$26

1 hour - \$41

Deadline: Two days ahead

Medicare Counseling

Need Medicare help? You can receive one-on-one assistance with our SHIP counselor who is trained on Medicare insurance programs. Call Ernie at 303-655-2079 for an appointment. Adams County residents with general Medicare questions can call Centura Health Links at 720-321-8850. See insert for our class series on Medicare!

12:00 - 3:30 p.m.

Tuesdays

Sept 6 & 20

Tues & Wed. Gift Cards

You could win a \$10 gift card! When you eat a VOA lunch on Tuesday or Wednesday your name gets entered into the end of the month drawing.

Walk On!

Love to walk? Join us as we explore trails around Brighton. First day meet at EVAC. After that we will meet at selected trails. Leader: Olly Ramirez.

8:30 - 10:00 a.m.

Wednesdays

Sept 7 – Oct 26

\$4 fee to join

Craft Fair Registration

Our Craft Fair will be Nov 5.

All items must be hand crafted.

One table per person. Tables are assigned on a first-come, first-serve basis. **Doors don't open until 8 a.m. so be prepared to wait outside in line.** The \$25 entry fee is due at the time of registration.

Cash or check only.

8:00 a.m.

Wed. Sept 7

\$25 per table

Why Do They Call this Town "Parachute?"

Learn the history of place names in Colorado like "Golden," "Bonanza," "Saguache" and about the interesting characters who created these strange sounding places! Presenter Ed Weising is a professional speaker, tour guide, and historian whose goal is to entertain, instruct and inspire.

9:30 - 11:00 a.m.

Thurs. Sept 8

\$5

Deadline: Tues. Sept 6

Caregivers Support

Taking care of a loved one? Learn valuable caregiving tips and resources, while gaining insight from others. Mary Thatcher from the Senior Hub facilitates (303-426-4408). This is a monthly drop-in program. Come when you can.

10:00 - 11:30 a.m.

Thurs. Sept 8

Blood Pressure Screening

The wonderful firefighters from the Brighton Fire Department will be here to perform free blood pressure checks.

10:30 - 11:30 am

Thurs. Sept 8

Mon. Sept 26

Bunco

Bunco is an easy game of dice that can be taught in minutes. Dessert and prizes are part of the day. Bunco fills up fast!

1:00 - 3:30 p.m.

Thursdays

Sept. 8 & 22

\$4

Deadline: Tues. before

Friday Feast

We will feast on chili dogs, potato salad and dessert provided by Inglenook. Country western music performed by Mike Collins will begin after lunch.

12:00 noon - 1:30 p.m.

Fri. Sept 9

\$4

Deadline: Wed. Sept 7



Roger & Peggy Schafer at the Senior Games. Celebrate with us at the OCTOBER Friday Feast.

Car Show

Everyone loves old cars, fancy cars, fast cars, and Brighton has a lot of cars! They will be proudly displayed in our parking lot at our 4th Annual Car Show. Call Sue 303-655-2076 to find out how to get your car in the show. Brighton Jazz will be performing throughout the event. Everyone's welcome!

8:30 - 10:30 a.m.

Sat. Sept 10

Machu Picchu Slideshow

Machu Picchu in Peru is the most familiar icon of Inca civilization, built around 1450 but abandoned a century later. Come learn why this is Peru's #1 tourist spot. Steve and Cindy Winkler will be showing slides of a recent trip to these ancient ruins, as well as Lima, Cusco, and the Peruvian countryside.

1:00 p.m.

Mon. Sept 12

Deadline: Fri. Sept 9

Hypertension & High Cholesterol

Have you been diagnosed with hypertension or high cholesterol? Take control now! Join Dr. Ryan Meintz of Eagle Ridge Medical for a discussion on the latest in treatment and management of these two chronic issues. Talk sponsored by Platte Valley Medical Center.

12:00 - 1:00 p.m.

Fri. Sept 16

Deadline: Wed. Sept 14

Social Security:

Take a Stand

Social Security is a promise we've kept for generations, thanks to our nation's leaders. The question is, how will the 2016 political candidates keep Social Security's promise? *Take a Stand* is an AARP non-partisan, national campaign pressing candidates to lay out their plan to make Social Security financially sound so future generations get adequate benefits. Join us for a candid discussion about this campaign, how you can remain informed and assist. Presenters are from the Colo. AARP Office.

1:00 - 3:00 p.m.

Mon. Sept 19

Deadline: Fri. Sept 16

Lung Function

National Jewish Medical Center and Visiting Nurse Association join together to provide free lung function (spirometry) screening. This simple, painless test takes just a few minutes. It records your lung function when you blow into a special tube that measures air flow. A nurse will discuss your test results. Call 303-655-2075 for appointment.

10:00 a.m. - 12:00 noon

Thurs. Sept 22

Deadline: Wed. Sept 21

Cribbage Tournament

Our cribbage tournament includes prize winnings and refreshments. No registration, just drop-in and pay fee.

12:30 p.m.

Wed. Sept 28

\$4

Vision Loss Tips & Tricks

Everyone with aging eyes can benefit from learning about tips and tricks for dealing with declining vision. Learn a simple trick to tell black from dark blue in your clothes closet or settings on your computer that make it easier to read. This talk is in conjunction with the Low Vision Support Group which provides emotional support and resources for living with visual loss. Call Melanie at 303-790-1390 x202 with questions. Beyond Sight will be here to show products that can enhance your vision.

1:00 - 2:00 p.m.

Mon. Sept 26

Low Vision Technology Support

If you have low vision come learn how new technology like an i-phone or computer can help you in so many ways! Discover tips and techniques to make more use of these devices as your sight is declining. Program is led by Petr Kucheryavyy.

2:15 - 3:30 p.m.

Mon. Sept 26

Readers Theatre Performance

These performances are always a lot of fun and only last about 20 minutes. Come support our hard working acting troupe!

11:00 a.m.

Thurs. Sept 29

Active Aging Week
Sept 26 - 30
See page 6 & insert

FREE EVENTS! Register at least 1 day in advance. See INSERT for all activities.

“Demystifying Acupuncture” Mon. Sept 26 9:00 - 10:00 a.m.

Join Jessica Ahmed, licensed acupuncturist, for a talk and live demonstration to show that acupuncture can be a natural and comfortable way to treat a myriad of health concerns including pain and insomnia.

Hearing Tests Mon. Sept 26 9:00 - 11:00 a.m. By Appointment - Columbine Hearing.

VOA Lunch Mon. Sept 26 11:30 a.m. Free today! Must register by Wed. Sept 21 at noon.

“Aroma Therapy” Mon. Sept 26 2:30 - 3:30 p.m.

Learn about the many healthful, amazing life benefits of essential oils and scents from Naomi Tashiro.

“Housing Options” Tues. Sept 27 1:00 - 1:45 p.m.

Andrew Dahl (Housing Authority) & Sue Herzog (Inglenook) will present on senior housing options.

“Choosing a Financial Caregiver & Safe Banking” Tues. Sept 27 2:00 - 3:00 p.m.

Valley Bank & Trust will provide you with tips on how to wisely pick a financial caregiver, such as a power of attorney or a co-signer on checks, and how to keep your personal and on-line banking safe.

Nordic Walking Demo Wed. Sept 28 10:15 - 11:15 a.m.

Learn about the benefits of walking with Nordic walking sticks. Try them out - you will be amazed!

“Proper Use of Canes and Walkers” Wed. Sept 28 12:30 - 1:00 p.m.

Many people using canes and walkers do not use them properly. A physical therapist from Platte Valley Medical Center will show you the proper height and methods of using these assistive devices.

“Buying Walking Shoes” Wed. Sept 28, 1:15 - 2:00 p.m.

Dick’s Sporting Goods will teach us the differences between walking shoes, cross trainers, running shoes, hiking sandals and boots. Learn how to pick a shoe and a size that is right for you.

“Oh My Aching Back” Wed. Sept 28, 2:30 - 4:00 p.m.

Dottie LeFlear will walk you through therapeutic yoga you can do standing/sitting to help back pain.

“Ranch Life” Thurs. Sept 29 8:30 - 9:45 a.m.

Gerry Evans from Writing Memoirs Class will share stories from her ranching life beginning in 1940.

Cooking Demo Thurs. Sep 29 1:30 - 2:30 p.m.

Chef Mike (Platte Valley Medical) will demonstrate some creative, healthy cooking. Tasting included!

“Mindfulness for Health and Wellbeing” Thurs. Sept 29 3:00 - 4:00 p.m.

Join Ron Liggett in learning the art of mindfulness. Living in the present moment can change your life.

AARP “Life Reimagined” Thurs. Sept 29 6:30 p.m. AND Fri. Sept 30 9:00 a.m.

Retirement is a wonderful time to reinvent your life, but you have to imagine it is possible. Come to this positive, enlightening and energizing program to help make your retirement life all that it can be!

**Registration for
ALL Happenings
begins Wed. Aug 31**

Flu Shots

Platte Valley Medical Center will be here to give flu shots. No appointment necessary. There is no co-pay if you have Medicare, Rocky Mountain Health Plan, or Blue Cross. Bring your insurance card. Date & price subject to change.

8:00 – 11:00 a.m.

Thurs. Oct 6

Free w/above insurance or \$20 self-pay

Colorado Governors

Colorado governors represent the good, the bad, and the ugly of Colorado history. Hear tales of the worst and best - like carpetbagger Edward McCook and the principled Ralph Carr. Ed Weising is a historian and engaging professional speaker.

9:30 - 11:00 a.m.

Thurs. Oct 13

\$5

Deadline: Tues. Oct 11

Friday Feast & Senior Games Victory Party

Come at 11:45 a.m. to celebrate our 2016 Brighton Senior Games team. Sam Adams a local stand-up comedian and former award winning sports journalist will entertain us. Lunch is baked spaghetti, salad and dessert from Brookdale.

Fri. Oct 14

11:45 - 1:30 p.m.

\$4

Deadline: Wed. Oct 12

Four Ways People Plan Their Estates

There are only four methods for transferring your assets on death. Learn the benefits and drawbacks of each strategy. Led by Dolan and Associates.

1:30 p.m.

Wed. Oct 19

Deadline: Mon. Oct 17

Healthy Tips

Betty Stephenson shares current research about healthy eating.

10:45 a.m.

Thurs. Oct 20

Oktoberfest

It was so much fun last year that we are doing it again! The Heartlanders are coming to play the polkas and German music you love! Start off with BBQ Bratwurst and all the fixin's.

5:00 p.m.

Thurs. Oct 20

\$7

Deadline: Mon. Oct 17

Drug Take Back Day

Brighton Police are providing a way you can dispose of unused, expired prescription and over-the-counter medications. Keep unwanted meds out of our water supply and out of the hands of abusers! You can bring your meds to Eagle View ONLY on the day and times listed!

Eagle View Adult Center

Fri. Oct 21

10:00 a.m. - 12:00 noon

Brighton Police Station

3401 E. Bromley Lane

Sat. Oct 22

10:00 a.m. - 2:00 p.m.

Prescription Drug Safety

Learn about prescription drug safety - from interactions to disposal, and how supplements and vitamins can affect your medications. An expert pharmacist will answer your questions. Talk sponsored by Platte Valley Medical Center.

12:00 noon

Fri. Oct 21

Deadline: Wed. Oct 19

Halloween Party

Join us for a ghoulishly fun time of games, treats, and a costume contest with prizes. Free party! Stay for lunch for \$2.50 by calling 303-655-2271.

10:00 a.m.

Mon. Oct 31

Lunch Deadline: Oct 26

More October Events Descriptions on Page 4 & 5

Blood Pressure Screening

Mon. Oct 10 & Thurs. Oct 27

10:30 a.m.

Caregivers Support Group

Thurs. Oct 13 10:00 a.m.

Bunco

Thurs. Oct 13 & 27 1:00 p.m.

Medicare Counseling

Tues. Oct 4 & 18

By appointment

Low Vision Support Group and Technology Help

Mon. Oct 24 1:00 & 2:00 p.m.

Readers Theatre Play

Thurs. Oct 27 11:00 a.m.

Cribbage Tournament

Wed. Oct 26 12:30 p.m.

**Registration for ALL Trips
begins on Thurs. Sept 1
See Page 2 for details.**



**Denotes Lots of
Walking**

The Med

By Request

Join us for lunch at The Med, a lively and upbeat restaurant located in the heart of downtown Boulder. Their menu is an eclectic collection of the best cuisine from the Mediterranean region. From tasty tapas served plate by plate to family-style paella, they've got everything you crave.

10:00 a.m.

Wed. Sept 7

\$5 (plus meal \$15+)

Deadline: Tues. Sept 6

The Drifters

By Request

"This Magic Moment," "Under the Boardwalk," and "Stand by Me," are just a few hits you will remember from The Drifters.

The Drifters were the first musical group to sell two million records with their pop classic, "Up On the Roof." This concert at UCCC in Greeley will be a musical extravaganza with a world-class band, production, and some very smooth moves. No meal.

6:15 p.m.

Fri. Sept 9

\$44

Deadline: Fri. Sept 2

Amazing Aging Expo

By Request

Spend the day with us at the Amazing Aging Expo in Denver! This event features 100s of exhibitors and many are offering special deals, free samples, and expert advice! In addition to the exhibitors, you will have an opportunity to learn from the best! Attend seminars throughout the day and get advice from experts in their field. Bring money for food on site from the vendors.

8:15 a.m.

Sat. Sept 10

\$4 (plus \$ for vendors)

Deadline: Thurs. Sept 8

Don Chew

Transportation

By Request

One of our own has invited you to see his collection of old cars, trucks, and all things transportation. Don and his friends have set up an event that will broaden your understanding of the history of transportation. We will begin this day with breakfast at River Bottom in Brighton. Wear walking shoes. We will be on uneven ground and outside a bit.

8:15 a.m.

Tues. Sept 13

\$4 (plus meal \$10+)

Deadline: Fri. Sept 9

Century - Gambling

Up to the mountains to try your luck! We will be at the Century in Central City. They call it the Winners' Zone! In addition to the hot machines, they also have Craps, Roulette, and more. Bring your player's card. Bus leaves Central City at 3:00 p.m.

8:45 a.m.

Thurs. Sept 15

\$16

Deadline: Thurs. Sept 8
(by noon)

Hike: Dream Lake

Rating: Easy

This "Stop and Smell the Roses" hike goes to



Dream Lake. It is one of the most popular hikes in Estes Park, and for good reason. Dream Lake is a perfect hike for putting in little effort and reaping great reward. It's an easy 1.1 miles to Dream Lake beginning at the Bear Lake Trailhead. The trail to Dream Lake passes Nymph Lake and has prominent views of Longs Peak, Glacier Gorge, and more. Pack your lunch and plenty of water. Dress in layers for hiking in the great outdoors. We'll stop for ice cream on the way home.

Distance: 2.2 miles

Elevation: 9475 ft.

Elevation Gain: 430 ft.

7:30 a.m.

Fri. Sept 16

\$6 (plus \$5 ice cream)

Deadline: Tues. Sept 13

Hall of Fame @ Mile High



We are going back to Mile High! Enjoy a 75-90 minute professionally guided ½ mile walking tour of Mile High Stadium. This tour includes stops at Colorado Sports Hall of Fame, Executive Suites, United Club Level, Visiting Team Locker Room, Keg Room, Thunder's Stall, End Zone, Television Truck Production Area, and the Press Center. Lunch at MOOYAH'S Burgers.
10:00 a.m.
Mon. Sept 19
\$15 (plus meal \$10+)
Deadline: Fri. Sept 9

Rockies vs Cardinals

Join us for our last game of the season as the Colorado Rockies play the St. Louis Cardinals. Come support your team. Pack your lunch or buy food on site at the many vendors. Dress for the weather. Two handicap and two aisle seats are available.
11:00 a.m.
Wed. Sept 21
\$16
Deadline: Wed. Sept 7

Hike: The Loch Rating: Medium



Join us on this "moderately easy" hike in Estes Park. Pass waterfalls and lakes on the way to the grand finale – the Loch. Pack your lunch, plenty of water, good shoes, and layers. Stop for ice cream after.
Distance: 5.7 miles
Elevation: 9240 ft.
Elevation Gain: 1040 ft.
6:30 a.m.
Thurs. Sept 22
\$6 (plus \$5 ice cream)
Deadline: Fri. Sept 16

Leadville Train Ride By Request

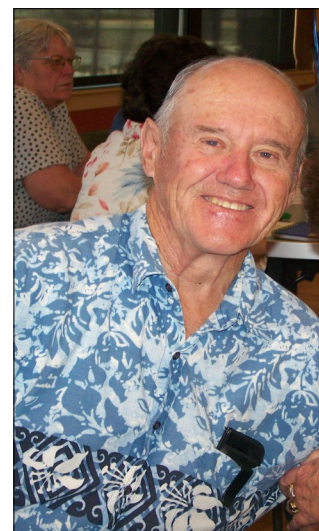
Take a train ride on the Leadville Colorado & Southern Railroad to see the magnificent fall colors. This tour goes all the way up the line, allowing you to see the sweeping vistas of the Arkansas River Valley. The train ride is three hours long. Pack your lunch, a water bottle, and camera. Note:
Elevation 10,000+ feet.
7:00 a.m.
Sat. Sept 24
\$57
Deadline: Fri. Sept 9

REMEMBER:

Please arrive 15 minutes **BEFORE** the published leave time for all trips so we can leave on time.

Hot Sulphur Springs

The summer has come to an end and fall has opened its doors! Isn't it a perfect time for a soak in some hot springs? Come with us to Hot Sulphur Springs and enjoy a day of rest and relaxation. You've earned it! All that hiking and outdoor activity – you know you want to go! Bring your swimsuit and a towel. Pack your lunch and plenty of water for this healing soak in the famous springs.
8:30 a.m.
Thurs. Sept 29
\$23
Deadline: Fri. Sept 23



Thanks to Paul Younger.
He has been a volunteer driver since 2001.

Weather Cancellations

In case of bad weather, the decision to cancel a trip will be made by the staff and/or van drivers. Colorado weather changes rapidly so we will not make this decision until 1- 3 hours before a trip.

When EVAC cancels a trip you will be notified by phone and will receive a full refund for the event. Events will not be rescheduled.

Please note: **If you decide to cancel BEFORE a decision is made by EVAC - normal cancellation policies apply. See page 19.**

**Registration for ALL Trips
begins on Thurs. Sept 1
See Page 2 for details.**

USAFA vs Navy Football

By Request

We are headed to Colorado Springs to the gorgeous Air Force Academy Stadium to watch the Falcons attempt to achieve victory over the Naval Academy's Midshipmen. Pick a side, enjoy the early October weather, and spend your afternoon with friends and rivals alike. Bring money for food and remember it's Colorado and the weather can change quickly.

10:30 a.m.

Sat. Oct 1

\$50 (plus food \$)

Deadline: Thurs. Sept 8

Mid-Life 2

Join us at the Boulder Dinner Theater for *The Crisis Musical, MID-LIFE 2!* This delightful comedy will take you back to "middle age" with a hilariously tuneful look at the aches, pains, and joys of getting older. From ever-increasing trips to the doctor's office to the horrifying moment when one qualifies for a senior discount, the ever-growing legion of aging Baby Boomers and beyond are sure to see their lives reflected in this brand new, witty musical revue.

11:00 a.m.

Sun. Oct 2

\$63

Deadline: Fri. Sept 16

Fall Color Tour

By Request

It is that time of year, when Colorful Colorado earns its name. The leaves are changing and we will take the prettiest route for the best views of our beautiful state in the midst of the fall change. Bring money for lunch as we will stop along the way.

9:30 a.m.


Mon. Oct 3

\$4 (plus meal \$15+)

Deadline: Mon. Sept 26

Morning in Morrison

By Request

This lovely little town  is so inviting we had several requests to spend the morning checking it out. We will start out at Red Rocks Visitor Center so you can get the scoop on the area, and then we will head to the town itself. Stroll through the shops, eat lunch on your own at any of the many choices, and then head home. Wear your walking shoes and bring money for shopping and food.

9:00 a.m.

Wed. Oct 5

\$4 (plus meal \$15+)

Deadline: Fri. Sept 30

Senior Center Dance

Commerce City has invited us to their Senior Community Dance. Grab your spouse, significant other, or friends and travel with us to the

Commerce City Senior Center for food, music, and dancing.

3:30 p.m.

Fri. Oct 7

\$10

Deadline: Fri. Sept 23

Hike A: Calhan

Paint Mines

Rating: Easy

Our "Stop and Smell the Roses" hike we're heading one mile south of the town of Calhan in northeast El Paso County. The Paint Mines Interpretive Park is a unique blending of geological, archaeological, historical, and ecological resources. The area transitions from wetland, to short-grass prairie, to badland topographies. Dress for a hike, pack your lunch and water, and be prepared for Colorado weather conditions. Hats are recommended as there is not much shade.

Elevation: 6558'

Elevation Gain: minimal

9:30 a.m.

Mon. Oct 10

\$5 (plus \$5 ice cream)

Deadline: Mon. Oct 3

The Reserve - Gambling

Woo Hoo! It's that time again. Time to test your luck and see if you can win big at The Reserve in Central City. Bring your player's card. Bus leaves Central City at 3:00 p.m.

8:45 a.m.

Tues. Oct 11

\$16

Deadline: Thurs. Oct 6
(by noon)

Superior: Land of the Woodland Drummer

The Northglenn Travel Series has returned. Join us as we explore the beautiful surroundings of the great inland sea called Superior - located in the northern United States. The haunting cry of loons is symbolic of this wilderness area, as are the familiar sounds and territorial drumming of the Ruffed Grouse. Lunch on the way home at Cheddars.

9:45 a.m.

Wed. Oct 12

\$11 (plus meal \$15+)

Deadline: Wed. Sept 28

Hike B: Calhan Paint Mines



Rating: Medium

As you read in the description for Hike A to the Calhan Paint Mines, you are in for a great day in the outdoors. Dress for a hike, pack your lunch, your water, and be prepared for Colorado's changing weather conditions. Bring a hat, there is not much shade.

Distance: 5 miles

Elevation: 6558'

Elevation Gain: minimal

9:30 a.m.

Thurs. Oct 13

\$5 (plus \$5 ice cream)

Deadline: Mon. Oct 3

Denver Botanic Gardens



Green inside and out, Denver Botanic Gardens is considered one of the top botanical gardens in the U.S. The Gardens are a dynamic, 24-acre urban oasis in the heart of the city, that offers unforgettable opportunities to flourish with unique garden experiences. This trip comes to us courtesy of the Denver Botanic Gardens. They have provided a free Motor coach and guided tour. Restaurant and Café on site for lunch.

9:30 a.m.

Tues. Oct 18

\$4 (plus meal \$15+)

Deadline: Tues. Oct 4

Mo' Betta Gumbo

Join us for lunch at Mo' Betta Gumbo in Loveland, where every guest is treated like family. You can expect to experience true Southern hospitality through Cajun and Creole food, drink, and music.

9:45 a.m.

Mon. Oct 24

\$4 (plus meal \$15+)

Deadline: Mon. Oct 10

Bowling for Fun: Coal Creek

Join us for a morning of bowling. All levels of bowlers are welcome! Get to know some new people. Lunch at Silver Mine Subs or one of the nearby restaurants after bowling.

9:00 a.m.

Wed. Oct 26

\$13 (plus meal \$10+)

Deadline: Wed. Oct 12

Distortions Unlimited



Interested in the macabre this Halloween? Would you like to see how the professionals create the monsters of our nightmares? Discover Distortions Unlimited, hidden in an industrial warehouse in Greeley. The owners, Ed and Marsha Edmunds (and their talented crew) have been a mainstay with props, masks, and creations of the dark amusement industry since 1978. The tour will include stairs and a warehouse environment. Lunch on the way home at Stuff Burger.

9:15 a.m.

Fri. Oct 28

\$4 (plus meal \$10+)

Deadline: Fri. Oct 14

Denver Pops

The Denver Pops Orchestra is a community-based organization that has been in metro Denver for over 30 years. The 55+ members who volunteer their time and talents represent a variety of ages and vocations. One of our patrons will be playing at this event and has reserved you a spot for this fabulous presentation of *Fairy Tales and Fantasy*. Late dinner on the way home at Angelo's Taverna in Denver.

2:45 p.m.

Sat. Oct 29

\$15 (plus meal \$15+)

Deadline: Fri. Oct 14

**Registration for
ALL CLASSES
begins Wed. Aug 31**

AARP Smart Driver Course

Take AARP's refresher course on safe driving practices and the rules of the road. Most auto insurance companies offer a discount upon completion.

1:00 – 5:30 p.m.

Mon. Oct 17

\$15 – AARP member

\$20 – Non-member

Deadline: Thurs. Oct 13

Bridge – Beginning

Beginning bridge is open to anyone desiring to learn bridge fundamentals. No prior knowledge of how to play bridge is preferred for this class. Instruction will begin with learning the fundamentals followed by practice.

Evaluation of hands and how to score will also be included.

Instructor: Bobbi Jo Unruh.

No class on Sept 29 and Oct 6.

10:00 – 11:00 a.m.

Thursdays

Sept 8 – Oct 27

\$10 (6 wks)

Deadline: Tues. Sept 6

Bridge Level II (Enhancing Your Game)

This class is for participants who know basic bridge fundamentals. Review these fundamentals then expand your knowledge of bridge playing. Class covers evaluating hands

through bidding; most prominently used conventions; correct scoring; how to play hands and read game play. Learn the differences between party bridge, regular bridge, and duplicate bridge.

Instructor: Bobbie Jo Unruh.

No class Sept 29 & Oct 6.

8:45 - 9:45 a.m.

Thursdays

Sept 8 – Oct 27

\$12 (6 wks)

Deadline: Tues. Sept 6

Craft Time

We provide space to work on any DRY craft hobby such as tatting, knitting, crocheting, Japanese bunka, and beading.

Center closed Sept 5.

10:00 – 11:30 a.m.

Mondays

Sept 12 – Oct 31

\$4

Exercise



Our drop-in exercise class for people of all fitness levels is so popular we have added an extra time slot! Exercises are done using a chair for standing support and seated exercises. Dottie LaFleur teaches all the Mon. & Wed. classes. Lois Burrell teaches the Friday class. Classes limited to 22 people for safety.

Class A: 8:45 – 9:45 a.m.

Mon. & Wed. only

Class B: 10:00 -11:00 a.m.

Mon/Wed/Friday

Sept 7 – Oct 31

\$1 daily fee

Fit Ball Class

Fit balls are a wonderful way for seniors to improve balance, flexibility, and core strength. Marti Duquette, instructor and physical therapist from PVMC, can show you ways to modify any of the exercises.

10:30 -11:30 a.m.

Thursdays

\$20 (4 wks)

Session I: Sept 8 - 29

Deadline: Wed. Sept 6

Session II: Oct 6 - 27

Deadline: Wed. Oct. 5

Greeting Cards

Ella Hastman teaches you how to make amazing greeting cards using a variety of materials. At least two cards completed per class. Instructor furnishes all supplies including envelopes.

9:30 - 11:30 a.m.

Fridays

Sept 2, 16, Oct 7, 21

\$5 per class meeting

Deadline: Wed. before



P.J. Doyle, Jane Talbot, and Robert Tedy enjoy coming to Eagle View.

Healthy Minds

A healthier mind can mean a healthier you! Change the way you think and you will change the way you live! Are you experiencing changes in your health or being crushed by life circumstances, such as divorce, widowhood or retirement - and you just can't seem to move forward? Are you carrying past hurts or other people's burdens? Then come support one another and set yourself free from negative thinking. We encourage you to join at the beginning, but you are welcome to sign up at any time. Led by Dolores Folkenroth

9:30 – 11:00 a.m.

Wednesdays

Sept 7 – Oct 26

\$2 (8 wks)

Deadline: Tues. Sept 6

History of the Wild West



Join this fun history program on “Bad Men, Bar Rooms, and Bordellos: The Wild West as it Really Was!” Did you know that Wild Bill Hickok umpired a Kansas City baseball game? Or that Calamity Jane loved Bill but he avoided her as she was described as having a face only a grizzly bear could love? Topics include: gamblers, gunfighters, women of the West, outlaws and lawmen. Instructor: Steve Winkler. No class Sept 28

1:00 – 2:30 p.m.

Wednesdays

Sept 7 - Oct 26

\$3 (8 wks)

Deadline: Tues Sept 6

History: Adolf Hitler

The life and times of Adolf Hitler is this session's topic. Learn about Hitler as a young man, his education, desires as a young man, and role in WWI. Review Hitler's solutions to problems of the time in Germany post WWI to gain a better understanding about how he rose to power. Instructor: Bob Ellis, will facilitate conversational learning. No class Oct 31.



Class A: 9:00 - 10:00 a.m.

Class B: 10:15 - 11:15 a.m.

Mondays

Sept 12 – Oct 24

\$3 (7 wks)

Deadline: Thurs. Sept. 8

I-Device Class

This class will build on each participant's knowledge and ease of use with their iDevice (iPad, iPhone). Come prepared to review basics and pick up new skills. We will explore apps and device features. Bring your device charged and know your Apple ID password. Also, we often need to access email so be prepared with that sign-in information. Instructor: Lisa Asmussen

8:30 – 10:00 a.m.

Tuesdays

Sept 13, 20, 27

\$23

Deadline: Fri. Sept 9

Japanese Bunka Embroidery

Learn this ancient art. Make beautiful framed art by “punching” thread through stretched fabric with a special tool. Supplies and kits available for purchase from instructor Donna Heneger. Beginners welcome, a kit is provided.

10:00 a.m. – 12:00 noon

Wednesdays

Sept 7 – Oct 26

\$40 (8 wks)

Deadline: Tues. Sept 6

Line Dance – Beginner

This class is for those who are new to line dancing. Instructor Judy Yamakishi will teach you basic steps and 1 - 2 dances per class. No class Sept 30.

8:30 - 9:25 a.m.

Fridays

\$20 (4 wks)

Session I: Sept 2 – 23

Deadline: Thurs. Sept 1

Session II: Oct 7 – 28

Deadline: Thurs. Oct 6

Line Dance – Level 2

Learn the newest line dance routines! Some experience in line dancing is necessary. If you've taken Beginning Line Dancing several times, consider moving up. No class Sept 30.

9:30 - 10:30 a.m.

Fridays

\$20 (4 wks)

Session I: Sept 2 – 23

Deadline: Thurs. Sept 1

Session II: Oct 7 – 28

Deadline: Thurs. Oct 6

**Registration for
ALL CLASSES
begins Wed. Aug 31**

Mindfulness for Health & Wellbeing

Learn simple techniques to develop mindfulness in daily life - to improve your immune system, increase brain function, stabilize sleep habits, deepen relationships, alleviate depression - and that's the short list! Come relax and learn to enjoy the moment.
Instructor: Ron Liggett.

1:00 – 2:00 p.m.

Tuesdays

\$10 (4 wks)

Session I: Sept 6 - 27

Deadline: Fri. Sept 2

Session II: Oct 4 - 25

Deadline: Mon. Oct. 3

Nordic Walking Beginning

If you struggle with walking due to pain or balance you will be amazed at the difference Nordic walking sticks can make! Learn to use Nordic walking poles to increase heart/lung endurance and muscular strength, while increasing mobility. Great if you have physical challenges in knees or hips. Instructor Sarah Hoskin Clymer provides the poles.

9:00 – 10:00 a.m.

Tues / Thurs

\$23

Oct 18, 20, 25

Deadline: Thurs. Oct 13

Nordic Walking Intermediate

This class is for students who have taken Nordic Walking before. Students will hone their skills walking longer distances and learn to use poles on hills. First class at EVAC then various locations after that. Instructor: Sarah Hoskin Clymer.

10:15 – 11:30 a.m.

Tues / Thurs

\$23

Oct 18, 20, 25

Deadline: Thurs. Oct 13

Oil Painting

All levels of artists are welcome in the oil painting class. Veteran painters work on their choice of paintings. Beginners choose from pre-selected paintings to learn basic skills. Four slots are reserved for beginners. Tell us at registration if you are a beginner. Instructors: Judy Schissler and Kathy Bolson

9:00 a.m. – 12:00 noon

Tuesdays

\$15 (4 wks)

Session I: Sept 6 - 27

Deadline: Fri. Sept 2

Session II: Oct 4 - 25

Deadline: Mon. Oct 3

Quilting Beginning: Log Cabin

This design will be a wonderful, easy pattern to quilt. Many different colors and squares can be used. If you have never quilted before, please talk to instructor Teri

Hendrickson before buying any tools. Materials handout available at registration.

1:00 – 3:00 p.m.

Fridays

Sept 9 – Oct 28

\$15 (8 wks)

Deadline: Thurs. Sept. 8

Quilting Intermediate: Small Projects

Get started making those craft sale items and holiday gifts - like purses, table runners, place mats, pot holders, mug rugs, and toys. Bring your own patterns or use one of ours. Try something new with the help of our class experts. If you have an embroidery machine, we can help you try some "in-the-hoop" projects. Instructors: Shari Coren and Cheryl Stoddard

Class A: 12:00 – 2:00 p.m.

Class B: 2:00 - 4:00 p.m.

Thursdays

Sept 8 – Oct 20

\$15 (7 wks)

Deadline: Wed. Sept 7

Readers Theatre

If you have always wanted to be a performer, Readers Theatre is for you! It is great fun and memorization is not needed! Bring a highlighter, pencil, and black 3 ring binder. Instructor: Dolly Garcia.

1:30 – 2:30 p.m.

Tuesdays

\$3 (4 wks)

Session I: Sept 6 - 27

Deadline: Fri. Sept 2

Session II: Oct 4 – 25

Deadline: Mon. Oct 3

Scroll Saw 101

A scroll saw is a small electric saw used for cutting intricate curves - great for making toys, puzzles, and elaborate artwork. In this introductory class you will learn the basic techniques of scroll sawing, machine set-up and safety. You will get to make a small project. Men and women welcome - limited to 4 people.

All equipment is provided.

Instructor: Bob Kellogg

10:00 a.m. – 12:00 noon

Tuesdays

\$25 (3 wks)

Session I: Sept 13, 20, 27

Deadline: Fri. Sept 9

Session II: Oct 11, 18, 25

Deadline: Fri. Oct 7

Social Networking

Instagram, Facebook, and Twitter can keep you connected with your family and friends. This class will give you an introduction on how to use these social networking sites. We'll set up a profile and learn how these sites can provide meaningful connection to others. If you previously set up accounts, bring your sign-in information. Bring a portable computer device with wireless capabilities (laptop, i-device)

Instructor: Lisa Asmussen

8:30 – 10:00 a.m.

Tuesdays

Oct 4, 11, 18

\$23 (3 wks)

Deadline: Fri. Sept 30

**Tatting**

Tatting creates a durable lace by handcrafting a series of knots and loops. Use it to adorn your clothing and accessories. Instructor Charlotte Jacobucci will teach you this craft. Registration for tatting includes registration in "Craft Time" for no additional charge. Center closed Sept 5.

9:15 – 9:45 a.m.

Mondays

Sept 12 – Oct 31

\$4 (8 wks)

Deadline: Join any time

Writing What You Know

Learn the process of writing stories and autobiographies. Build writing skills while maintaining your words and your voice. This fall we will be adding a new angle - learning the steps of writing an essay. Essays can be informative, persuasive, narrative, or whatever you wish. They fit perfectly with the memoir genre. It's important to leave for posterity a record of our lives, experiences, and points of view. Hope you can join us!

Instructor: Shari Coren

9:30 – 11:00 a.m.

Wednesdays

Sept. 7 – Oct 26

\$15 (8 wks)

Deadline: Tues. Sept 6

Yoga - Adaptive

Adaptive yoga is designed for people living with mobility impairments. Yoga postures are modified to accommodate your needs. Class size limited to six people to ensure individual attention by Karen Vizyak, physical therapist and certified yoga teacher. People in wheelchairs and walkers are especially encouraged to join.

No class Sept 13.

9:00 - 10:00 a.m.

Tuesdays

Session I: Sept 6, 20, 27

\$24 (3 wks)

Deadline: Fri. Sept 2

Session II: Oct 4 - 25

\$32 (4 wks)

Deadline: Mon. Oct 3

Yoga – Chair

Can't get down on the floor for Yoga classes, but don't need the special modifications of Adaptive Yoga – then Chair Yoga is for you. Dottie LaFleur will lead you in yoga done in a chair to improve flexibility, posture and stress. This class is for people who may be unable to take our regular yoga classes.

8:30 – 9:30 a.m.

Thursdays

\$20 (4 wks)

Session I: Sept 8 - 29

Deadline: Wed. Sept 7

Session II: Oct 6 - 27

Deadline: Wed. Oct 5



Please register on or before the class deadline or classes may be full or cancelled. Do not wait until the 1st day of class!

Yoga – Beginning

In this basic beginning class Carolyn Priola will focus on relaxation and breathing, as well as increased range of motion and improved flexibility. Participants should be able to sit on the floor.

A.M. Class**Tuesdays 10:15 – 11:15 a.m.**

Session I: Sept 6 - 27

Deadline: Fri. Sept 2

\$20 (4 wks)

Session II: Oct 4 - 18

Deadline: Mon. Oct 3

\$15 (3 wks)

P.M. Class**Thursdays 1:45 – 2:45 p.m.**

Session I: Sept 8 - 29

Deadline: Wed. Sept 7

\$20 (4 wks)

Session II: Oct 6 - 20

Deadline: Wed. Oct 5

\$15 (3 wks)

Yoga - Continuing

Improve your health and flexibility with this class for students who have been in yoga class before. Instructor Carolyn Priola will focus on gentle yoga to increase flexibility, improve range of motion, and reduce stress. Participants must be comfortable getting onto and up from the floor.

A.M. Class**Tuesdays 9:00 – 10:00 a.m.**

Session I: Sept 6 - 27

Deadline: Fri. Sept 2

\$20 (4 wks)

Session II: Oct 4 - 18

Deadline: Mon. Oct 3

\$15 (3 wks)

P.M. Class**Thursdays 12:30 - 1:30 p.m.**

Session I: Sept 8 - 29

Deadline: Wed. Sept 7

\$20 (4 wks)

Session II: Oct 6 - 20

Deadline: Wed. Oct 5

\$15 (3 wks)

Silver & Pewter Classes

Date	Time	Class - Minimum 4 Maximum 10	Cost	Deadline
Wed. Sept 14	9:00 - noon	Rock Wrap Wire Jewelry	\$32	Mon. 9/12
Wed. Sept. 14	1:00 - 4:00	Pewter Hummingbirds/Butterflies	\$32	Mon. 9/12
Wed. Oct. 5	9:00 - noon	Simple Silver Jewelry	\$32	Mon. 10/3
Wed. Oct. 5	1:00 - 4:00	Pine Needle Necklaces	\$37	Mon. 10/3

Don and Kay Norris of Silver Creations will teach you how to make beautiful jewelry and pewter castings. Don Norris has 40+ years expertise as a silversmith. See display case for examples!

Rock Wrap Wire Jewelry - Use simple wire bending techniques to make unique jewelry with wire, stones and “Rock Wraps.” Price includes making two sterling silver wrapped pendants, some copper pieces of your choice and a 20-inch sterling silver chain for your pendants.

Simple Silver Jewelry - Create a design, add a stone, and the instructor will solder it together for you. Price includes a 20-inch sterling silver chain.

Pewter Hummingbirds/Butterflies – Learn the art of pewter casting and cast TWO pewter sculptures by ladling pewter into rubber molds. Choose a hummingbird and columbine OR a butterfly and rose.

Pine Needle Necklaces - Cast your own pure silver pendant by pouring nearly one half ounce of melted pure silver into a bundle of pine needles. Pull away the needles to uncover your truly unique pendant. Includes a 20-inch sterling silver chain.

Senior Advisory Board

The purpose of the Advisory Board is to advise and assist in the needs and operations of Eagle View. The Board will meet Tues. Sept 20 & Oct 18 at 1:00 p.m. Members are: Chuck Phelps, Fran King, Dave Thomas, Peggy Jarrett, Dan Buckner, Lois Burrell, Jane Talbot, Bill Alsdorf, Dave Jacovetta, Heidi Storz, Judy Schissler, and Ellie Davis. JW Edwards is the City Council representative. Visitors are always welcome.

Charitable Contributions

Together we can continue to enhance the great programs and services offered for seniors and active adults in the Brighton area. Your financial support will be recognized on the donor wall at Eagle View. All donations are tax deductible. Make donations payable to: Brighton United Senior Citizens, 1150 Prairie Center Parkway, Brighton, CO 80601.

Donor Opportunities for Wall Recognition:

Friend: \$100 - \$499

Memorial: \$100+

Sponsor: \$500 - \$999

Benefactor: \$1000+

Service Dogs

Service animals are defined as dogs that are individually trained to do work or perform tasks for people with disabilities. Only dogs are recognized as service animals. Per Eagle View policy, only service dogs are allowed in the building.

Cancellations Due to Weather

In the occurrence of bad weather, the decision to cancel a class, trip or event will be made by the staff upon the recommendation of the instructor or driver. Trip and class participants will be called if the decision is made to cancel. Watch TV news for VOA lunch cancellations. The decision to close the Center will be made by the City Manager.

Trip and Activity Policies

- Anyone 55 years of age or older is given priority to participate in all center activities and programs.
- If adults age 40 - 54 want to attend a class, trip, or a space-limited event they will be added to a wait list. Inquire at the EVAC front desk.
- Payment is due at registration. Cash and checks only. Keep your receipt.
- The Center reserves the right to cancel any activity if minimum registration is not met.

Refund Policy for Cancellations:

If the CENTER cancels the activity/trip:

Full refunds will be given.

If YOU cancel BEFORE the deadline date:

Refund of cost, minus a \$4 cancellation fee.

If activity charge is \$4 or less, NO refund is given.

Allow one week to process refunds.

If YOU cancel AFTER the deadline date:

NO REFUND IS GIVEN unless we can sell your spot. If you can't go on a ticketed trip, **DO NOT** give your space to anyone before checking with Eagle View to see if there is a waiting list. If there is NO wait list, you may give away or sell your trip space. Tell EVAC **BEFORE** the trip if someone is taking your place, one day notice preferred.

Outreach & Referral

Do you need help and don't know where to turn? Ermie Marquez will assist you with completing forms, help you find needed services, and make home visits to assist homebound people! Ermie is very booked up so please make an appointment by calling 303-655-2079.

Transportation

VIA provides specialized transportation within the City of Brighton. VIA can take you to medical appointments, grocery shopping and Eagle View, to name just a few of the places you can go in Brighton. Call 303-447-2848 x1014 for more information; to schedule rides, call 303-447-9636.

Call-n-Ride - The green bus is an RTD service. Call 303-994-3549 to make a reservation. The driver will pick up and deliver you anywhere within Brighton, Mon - Fri, 6:00 a.m. - 7:00 p.m. Cost is the local RTD bus fare.

Don't Miss This!

Friends Program Fund

The Senior Advisory Board has established a scholarship fund. The Friends Program Fund provides financial assistance to older adults to participate in programs sponsored by Eagle View Adult Center. The simple application form is available at the front desk. Applications must be approved PRIOR to registering for the event.

Donations to the fund are appreciated.

Car Show

Old cars, fancy cars, and fast cars will be proudly displayed in our parking lot at our 4th Annual Car Show. Call Sue 303-655-2076 to find out how to get your car in the show. Brighton Jazz will be performing throughout the event.

Sat. Sept 10 8:30 – 10:30 a.m.

Life Reimagined

This FREE program offers a roadmap to help people figure out what makes them happy and how to incorporate more of those factors into their lives. Sometimes life takes you in unexpected directions, but it is never too late to make a change! The program was designed to inspire and energize participants as they begin to turn their possibilities into realities. At an AARP Life Reimagined Checkup you can:

- Reflect on your goals and aspirations
- Harness your underlying personal strengths
- Get tools and inspiration to take the next step

Thurs. Sept 29 6:30 - 8:30 p.m.

OR

Fri. Sept 30 9:00 - 10:30 a.m.

Meet Our Neighbors Fair

Tues. Sept 27

9:00 - 11:00 a.m.

We have invited local businesses surrounding the Eagle View Adult Center to come and introduce you to their business services and products. Coupons, samples, refreshments, and prize drawings will be a part of the day. Find out about stores and services near Eagle View!

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Volunteer Fair

Fri. Sept 30

10:30 a.m. - 12:30 p.m.

Immediately following the morning AARP Life Reimagined program, we are hosting a Volunteer Fair. Local non-profit organizations will be on hand to tell you about volunteer opportunities at their agencies. Great time to ask questions or find out about programs you did not know existed. Free breakfast burritos and prize drawings for those in attendance. Improve your happiness quotient by doing something meaningful for others!

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